

**FRESCA**

ITALIAN RESTAURANT

**Lunch Menu**

Served until 5pm

**Desserts**

<b>Profiteroles</b>	£4.75
<b>Cheese Cake</b>	£4.95
<b>Tiramisu</b>	£4.95
<b>Affogato</b>	£3.95
<b>Gelati Misti</b> - Mixed ice cream	£4.75
<b>Pannacotta</b> - Soft creamy Italian pudding	£4.75
<b>Torta al Cioccolato</b> - Hot chocolate fudge cake & ice cream	£4.75
<b>Torta di limone</b> - Sicilian lemon tart with ice cream	£4.75
<b>Torta di Mele</b> - Apple & rhubarb crumble with ice cream or custard	£4.75

**Hot Drinks**

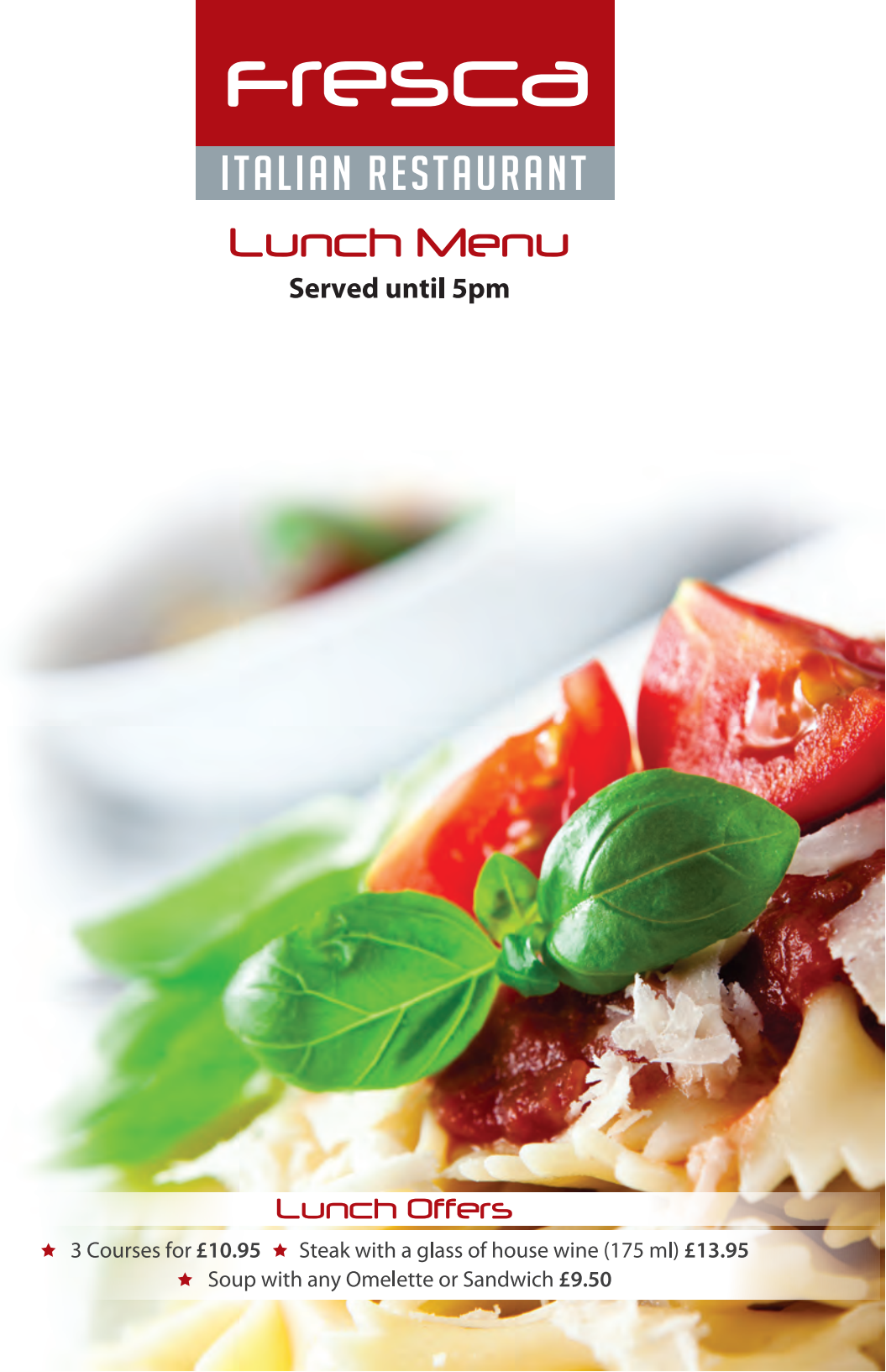
<b>Espresso</b>	£1.95
<b>Espresso Dbl</b>	£2.45
<b>Americano</b>	£1.95
<b>Cappuccino</b>	£2.45
<b>Latte Macchiato</b>	£2.65
<b>Mocha</b>	£2.75
<b>White Coffee</b>	£2.25
<b>Ristretto</b>	£1.95
<b>Hot Chocolate</b>	£2.90

**Tea**

<b>English Tea</b>	£1.35
<b>Decaf Tea</b>	£1.35
<b>Earl Grey</b>	£1.50
<b>Peppermint</b>	£1.50
<b>Fresh Mint</b>	£2.00
<b>Lemon</b>	£1.50
<b>Camomile</b>	£1.50
<b>Ginger &amp; Lemon</b>	£1.50
<b>Darjeeling</b>	£1.50
<b>Fruit Tea</b>	£1.50



[www.frescarestaurants.com](http://www.frescarestaurants.com)



**Lunch Offers**

- ★ 3 Courses for £10.95
- ★ Steak with a glass of house wine (175 ml) £13.95
- ★ Soup with any Omelette or Sandwich £9.50

## Starters

<b>Zuppa Del Giorno</b> Homemade soup of the day.	£4.25
<b>Fegato</b> Oven baked Italian bread rubbed with garlic, topped with chicken livers and grapes, sautéed in a rich cream & port sauce.	£5.95
<b>Tonno e Fagioli</b> Flakes of tuna, cannellini beans, mayonnaise, red onion served with mixed leaves and balsamic dressing.	£5.95
<b>Asparagi</b> Asparagus pan-fried with garlic, parmesan and lemon zest	£7.25
<b>Crotone Ai Funghi</b> Oven baked Italian bread rubbed with garlic and topped with sautéed mushrooms, bacon and olive oil	£4.95
<b>Crotone Panzanella</b> Oven baked Italian bread rubbed with garlic and topped with sweet peppers, red onions, paprika, freshly chopped tomatoes and mozzarella cheese	£4.75
<b>Crotone Caprino</b> Oven baked Italian bread rubbed with garlic and topped with goats cheese and red onion	£5.25

## Main Salad

<b>Insalata Bresaola</b> Thin sliced cured beef served on a bed of rocket leaves with parmesan cheese and cherry tomatoes	£7.50
<b>Insalata di pesce</b> Crab, tuna, prawns and crayfish with tomato, cucumber, red onion, mixed leaves and a lemon mayonnaise	£7.75
<b>Tonno Nisoise</b> Tuna, egg, olives, green beans, cherry tomatoes, anchovies, capers, lettuce and baby new potatoes	£7.25

**3 Courses £10.95**

**Any: Starter, Main Salad, Pizza, Omelette, Sandwich  
Dessert or Coffee**

## LunchTime Specials

**(Not included in the 3 Course Offer)**

<b>Rump Steak</b> Served with a fried egg, french fries and a red wine jus	£11.95
<b>Poached Salmon</b> Served with orange segment, new potatoes, mixed leaves, tomato and a classic Italian dressing	£9.95
<b>Baby Prawns</b> Pan-fried with garlic, lemon, parsley, white wine and served on crispy home made bread	£7.25

## Omelette

(All £5.75)

## Wild Mushroom

### Tomato and Mozzarella Cheese

### Double Cheese (Parmesan & Gorgonzola)

All served with a mixed leaf salad and french fries

## Pizza

<b>Parma Ham and Rocket</b> Parma ham, tomato, rocket leaves and basil with parmesan shavings	£7.95
<b>Calzone</b> Folded pizza with goat's cheese, red peppers and spinach leaves	£8.25
<b>Bacon and Pineapple</b> Bacon, tomato, cheese, and pineapple	£7.75
<b>Tuna and Red Onion</b> Tuna, tomato, cheese, and caramelised red onion	£7.95

## Sandwiches

<b>Prawn Marie Rose</b>	£6.50
<b>Chicken Lemon Mayonnaise</b>	£5.95
<b>Hot Steak &amp; Red Onion</b>	£7.95
<b>Crab &amp; Cucumber</b>	£7.50
<b>Hot and Spicy Meat balls</b>	£5.95

All sandwiches are served on brown or white bread with fries and a mixed salad